



Shared Tables Food Educational Tour Shanghai China

Sunday 14 July to Wednesday 24 July 2013

Group to meet at Melbourne Airport Terminal 2
4.00pm Sunday 14 July 2013



SHAREDTABLES

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THE CHEF'S JOURNAL OF AUSTRALIAN BEEF, LAMB & GOAT



Sunday 14 July

4.00pm Meet at Melbourne International Airport Terminal Two

6.20pm Depart Melbourne for Shanghai on Singapore Airlines - Flight SQ208

Monday 15 July

6.35am Arrive Shanghai Pudong International Airport

9.30am **Arrive Jing'An Shangri-La Hotel**

1218 Middle Yan'an Road
Kerry Centre
West Nanjing Road
Shanghai, 200040, China

<http://www.Jing'An Shangri-La.com/shanghai/jinganshangrila/>

T: (86 21) 2203 8888

F: (86 21) 2203 8899

Jing'An Shangri-La Hotels and Resorts newest flagship hotel opened in June 2013 in the heart of Shanghai. The 508-room Jing'An Shangri-La in West Shanghai has been designed with luxury and modern glamour befitting one of the most exciting and influential international cities - Shanghai. All rooms for the Shared Tables guests include complimentary internet access.

The hotel is the cornerstone of the new Kerry Centre, a 450,000 square-metre integrated complex with prime retail, office and residential space located in the fashionable district in Puxi, Shanghai.

Every detail of the hotel has been meticulously considered, from the staff uniforms designed by top Chinese designer Han Feng, to over 80 intricate silk lanterns that appear to float magically in the Summer Palace Chinese restaurant, to the commissioning of large-scale artwork from two of the most renowned Chinese contemporary artists - Zeng Fanzhi and Zhou Chun Ya. Guestrooms' provide stunning views of Shanghai and feature bathrooms with heated marble floors as well as LCD TV and digital clock embedded in the bathroom mirrors.



12.00 midday

Welcome lunch at Jing'An Shangri-La Hotel Summer Palace Pantry and Lantern Chambers

Dress: Smart Casual

The Summer Palace serves Southeastern Chinese cuisine with Cantonese flair. Inspired by Chinese ink paintings of poetic landscapes, a series of contemporary dining chambers each provide a different dining ambience and menu.



The colourful rooms flow from the casual Pantry Chamber serving dim sum, to the Lantern Chamber with an open kitchen specialising in clay pot cooking, to the exquisite Imperial Chamber for formal dining.

5.00pm

Meet in reception for bus transfer to The Bund

5.15pm

ACTIVITY Guided walking tour of The Bund

Dress: Casual



The area around the Bund is the tourist centre of Shanghai and is the city's most famous mile dotted with designer retailers, restaurants and hotels.

The Bund is symbolic of Colonial Shanghai and was the city's version of 'Wall Street'. It was transformed in the early 20th century from a muddy waterfront into a grand boulevard of art deco and neo-classical buildings housing banks, up market hotels and business's. Strolling the one mile bank you can see across the Huangpu River to the business district of the Pudong area.

6.00pm

Return to Hotel via bus transfer

6.15pm

Arrive Jing'An Shangri-La Hotel

7.45pm

Meet reception for bus transfer to Lost Heaven on the Bund

8.00pm

DINNER

Dress: Smart Casual

Lost Heaven on The Bund

No 17, Yan'an Dong Road, Shanghai

Tel: 021-63300967

Fax: 021-63300979

W: www.lostheaven.com.cn



Lost Heaven specializes in the cuisine of China's Yunnan Province. It is known for its exotic cuisine, enchanted decor, atmospheric music and dim, flickering candlelight.

Dark, moody, and sophisticated, Lost Heaven serves a rich fusion of regional Yunnanese and Burmese cuisines with a noticeable Thai kick. The three-floored interior is dressed in dark woods, red lanterns, Southeast Asian artifacts, and Yunnanese stone face masks. A two-floor shrine on the back wall is made from dried pu'er tea leaves. An extensive menu has garlicky and lemongrass-infused seafood and meat options.

10.30pm Return to Hotel via bus transfer

10.45pm Arrive Jing'An Shangri-La Hotel

Tuesday 16 July

7.00am Breakfast at Jing'An Shangri-La at Café Liang

10.00am Meet hotel reception for bus transfer to:

ACTIVITY

Dress: Casual

People's Square – once the site of the Shanghai Racecourse

it is now the nerve centre of this modern city. Sitting atop of Shanghai's busiest subway interchange it is an open space with museums, performing arts venue and leafy parks.

- **Shanghai Museum** – limited tour through the museum which is home to some of the most impressive collections in China including a vast selection of Chinese paintings, jades, Ming and Qing furniture, coins and ethnic costumes. (1.5 hrs)

- **Shanghai Urban Planning Exhibition Hall**

The centerpiece of the exhibition is a huge scale model of the city of Shanghai, showing all existing and approved buildings. (1/2 hr)



12.30pm

LUNCH – HUANGHE ROAD

Dress: Casual

Street Food on Huanghe Road – sample some of Shanghai’s local dishes with a visit to the bustling Huanghe Road which is located near the People's Square in Huangpu District. It is packed with a large number of restaurants with distinctive dishes, including seafood and local delicacies including dumplings.



2.30pm

Bus transfer to Yuyuan Gardens

ACTIVITY

Yuyuan Gardens & Bazaar

Yu Garden or Yuyuan Garden is an extensive Chinese garden that occupies an area of 2 hectares (5 acres), and is divided into six general areas laid out in the Suzhou style located in the Old City of Shanghai, China. The centerpiece is the Exquisite Jade Rock - a porous 3.3-m, 5-ton boulder with the gardens being one of Shanghai’s premier sights.



The Pan family – rich Ming-dynasty officials founded the gardens in 1559 and originally took 18 years to build. The gardens suffered damage numerous times during the 19th century but have been restored.

4.00pm

Tea Drinking at Huxinting Teahouse

Visit the Huxinting Teahouse – sample a huge range of tea in one of the most famous tea houses in China along with free time to browse through the adjacent bazaar.



5.00pm

Free time in the Yuyuan Gardens Bazaar

6.45pm

Meet hotel reception for bus transfer to

7.00pm

DINNER

Dress: Smart Casual

BI FENG TANG

A visit to Bi Feng Tang is a must in Shanghai. For locals when they have the late-night Chinese food munchies this is where they go. Bi Feng Tang is a Shanghai institution serving traditional dim-sum. With many branches across Shanghai, it seems like everyone ends up at a Bi Feng Tang at least once.



9.00pm

Return to Jing’An Shangri-La hotel via Bus Transfer

7.00am Breakfast at Jing'An Shangri-La at Café Liang
11.00am Meet at hotel reception for transfer to Jean Georges

Midday

LUNCH

Dress: Jacket for men, smart for women

Jean Georges

3 Zhongshan East 1st Rd

Huangpu, Shanghai

Tel:+86 21 6321 7733

Web: www.jean-georges.com



Jean Georges brings to Shanghai his internationally acclaimed French cuisine with a slight Asian twist. The restaurant is situated on the fourth floor of Three on the Bund. The food is characteristically French in execution, but with heavy influences from the Far East.

World-renowned chef Jean-Georges Vongerichten presents a masterful spin on French tradition with Jean Georges Shanghai, his first and only signature restaurant outside New York. Since opening in 2004, the restaurant has set the bar for fine dining in Shanghai with inspired cuisine, an elaborate wine list, and impeccable service.

Under Jean George's gifted direction, Executive Chef Lam Ming Kin transforms classic French dishes through the use of bold, Asian-inflected seasonings and unexpected flavor combinations.

2.30pm Return to Jing'An Shangri-La Hotel via bus transfer

2.45pm Arrive Jing'An Shangri-La Hotel

4.00pm – 6.00pm Gerard Doherty will give an overview of Meat and Livestock Australia's domestic foodservice programs and Andrew Simpson Meat and Livestock Australia's Regional Manager – South East Asia and Greater China, will offer an insight into how MLA grow demand for beef and lamb in the region.

Expat Australian Robert Blackborough the Shangri –La Hotel Food & Beverage Manager and former Executive Chef of the group will provide an insight into the growth of the group and discuss what his chefs will be demonstrating.

Mark Pascoe from Treasury Wine Estates will be providing a brief overview of their operation in the Greater China region. Peter Crawford will offer an insight into the latest courses and training programs at Holmesglen.

7.00pm Meet hotel reception for bus transfer to Fish Market

7.30pm

DINNER – FISH MARKET

Dress: Casual

68 Tong Chuan Road

It certainly smells fishy at Shanghai's Tongchuan Lu Seafood Market at Putuo District. Get really fresh catches 24 hours at this street lined with what they call Shanghai's freshest seafood. Sold by weight you will explore several shops to settle on the best price and catch of your choice for dinner.



9.30pm

Return to Jing'An Shangri-La Hotel via bus transfer

10.00pm

Arrive Jing'An Shangri-La Hotel

Thursday 18 July

7.00am

Breakfast at Jing'An Shangri-La at Café Liang

Dress: Casual

10.00am

Meet at hotel reception for bus transfer to

French Concession area – the most graceful part of the city and can be described as the 'Paris of the East'. Today it is a residential, retail and restaurant district with tree-lined streets.



The visit wouldn't be complete with a trip to Xintiandi - an up market retail and dining complex consisting of large rise tenement buildings built in the early 1900s.

Midday

LUNCH

Dress: Casual

NANLING

168 Yueyang Lu, near Yongjia Lu

Nanling is an old-guard restaurant extremely popular with mature Shanghai diners. The food is Yangzhou-style, essentially a lighter version of Shanghainese fare. Very well-known for a dish that's not from Yangzhou at all, but still delicious: a crispy-skinned roast duck, a la Peking.

Nanling Restaurant occupies a renovated mansion (168 Yueyang Lu) which in the roaring 1920s was home to opera artistes. The mansion seemed lacking compared to the modern upscale restaurants now teeming in Shanghai but this is where the locals come to eat, and the food at Nanling is favored by locals who want their Huaiyang food the old school way.



- 2.00pm** Return to Jing'An Shangri-La Hotel via bus transfer
- 2.30pm** Arrive Jing'An Shangri-La Hotel
- 7.00pm** Meet hotel reception for bus transfer to ASC Wine Gallery

7.30pm

DINNER

Dress: Jacket for men, smart for women

The Wine Gallery by ASC Fine Wines

No.55, Wulumuqi Nan Road

www.asc-wines.com

SC Fine Wines, one of China's biggest importers, has just opened a new club or 'Wine Residence' in Shanghai.

The Wine Gallery-Shanghai Residence, is a 5 storey, stand-alone building in the French Concession area of Shanghai.

It is designed specifically to create an extraordinary wine experience. Enjoy and discover the fascinations of this amazing wine world and witness the interactive showroom and retail area; innovative wine educational activities, as well as exclusive wine services for wine collections and controlled storage.



Shared Tables will enjoy the unique experience of dinner at the ASC Wine Gallery with an 11 course degustation menu matched with wines courtesy of Treasury Wine Estates.

- 10.30pm** Bus Transfer to Jing'An Shangri-La Hotel

- 11.00pm** Arrive Jing'An Shangri-La Hotel

Friday 19 July

- 8.30am** Meet at hotel reception for bus transfer to Hongqiao train station

Dress: Casual

DAY TRIP TO HANGZHOU

One hour train ride to Hangzhou to see the famous West Lake. Experience the high speed bullet railway experience travelling at speeds over 200km/h.



11.00am

Arrive Hangzhou

ACTIVITY

Hangzhou is famous for its beautiful lake offering scenic vistas of willow-lined banks, ancient pagodas, mist covered hills and the occasional *Shikumen* buildings. Weather depending we can take a buggy ride around the periphery of the lake or a cruise boat to see all the sites the West Lake has to offer.



12.30pm

LUNCH

Lou Wai Lou Restaurant

Established in 1848, Lou Wai Lou, set along the banks of the West Lake, a picturesque UNESCO World Heritage site, is generally regarded as the best restaurant in the city of Hangzhou. It's certainly one of the oldest and most famous, and is virtually a compulsory stop for anyone visiting Hangzhou. Seating 2500 people the restaurant specializes in Hangzhou dishes including beggar's chicken, vinegared fish and Dragon Well Shrimp.



5.30pm

Return train to Shanghai

6.30pm

Arrive Shanghai for bus transfer to Jing'An Shangri-La Hotel

7.00pm

Arrive Jing'An Shangri-La Hotel

FREE EVENING

Saturday 20 July

7.00am

Breakfast at Jing'An Shangri-La at Café Liang

Dress: Neat Casual

10.00am

ACTIVITY

Visit local Food/Wet Market

Meitian Zhu'an Bang Food Market
No.3 xuanhua Road



Stocked with all the fresh produce that hungry Shanghai residents could ever cook up, wet markets are an essential alternative to the brand-name supermarkets vying for their slice of market share in the country with the planet's largest population. These markets are so named because the floor tends to be wet, thanks to the live fish flopping around and the vendors' habit of throwing water on the ground to keep the area clean. With dozens of independent stalls in each market, competition is fierce, resulting

in low prices (even cheaper if you bargain a bit), beautiful displays of produce, and the freshest fish and fowl to be had, butchered and cleaned right before your eyes. You won't find shrink-wrapped plastic or expiration dates here

Midday

LUNCH

Dress: Neat Casual

FU 1039

1039 Yuyuan Lu, near Jiangsu Lu
Tel: 5237 1878

The creators of the Fu restaurants – Fu 1039, Fu 1088, and the latest Fu 1015 – have a penchant for refurbished old villas hidden in discreet alleys. Fu 1039 is tucked away in an unobtrusive lane on Yuyuan Lu, one you could easily miss if you weren't looking for it.

Once you enter the beautifully illuminated mansion, however, you'll be greeted with an understated luxurious air that can only be experienced in one of these thoughtfully restored old Shanghai villas.



2.30pm

Return to Jing'An Shangri-La Hotel via bus transfer

7.45pm

Meet hotel reception for bus transfer to Lynn Restaurant

8.00pm

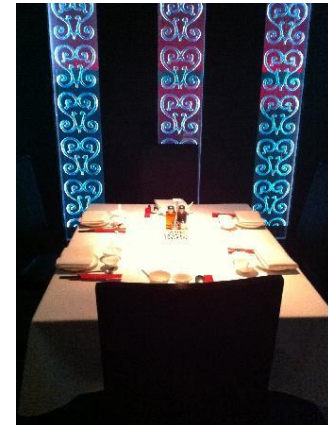
DINNER

Dress: Smart Casual

Lynn Restaurant

99 Xikang Rd, Jing'an
Shanghai
+86 21 6247 0101

Lynn is a clean and modern Shanghainese restaurant. With wooden floors, nicely designed modern neon patterned lights decorating the walls, Lynn has a clean, classy feeling, but it's certainly not overdone. Lynn offers a variety of Chinese dishes.



10.30pm

Return to Jing'An Shangri-La Hotel via bus transfer

10.45pm

Arrive Jing'An Shangri-La Hotel

7.00am

Breakfast at Jing'An Shangri-La at Café Liang

Dress: Smart Casual

9.00am

Meet at hotel reception for bus transfer to the Bund.

9.15am

ACTIVITY

Sightseeing Tunnel to Pudong District

A mind-bending audio-visual ride under the Huangpu River

The Bund Sightseeing Tunnel is one of Shanghai's top five tourist attractions and it's also one of its strangest. Bizarre, trippy audio-visual effects play as you travel in an automated car 'into the core of the Earth' under the Huangpu river from the west side of Shanghai to the Financial district on the east side.



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- **Observation Deck at Oriental Pearl**

The Oriental Pearl TV Tower is the world's Fourth-tallest TV tower and is located in Shanghai's Pudong District on the eastern shore of the Huangpu River, facing the classic beauty of the Bund. The tower, surrounded by the Yangpu Bridge in the Northeast and the Nanpu Bridge in the Southwest, creates a delightful picture of two dragons playing with pearls. The Oriental Pearl TV Tower is 468 meters high with several observation decks. On clear days, Visitors can enjoy panoramic views of The Bund and Pudong New District, Chongming Island and the Yangtze River.



The tower, surrounded by the Yangpu Bridge in the Northeast and the Nanpu Bridge in the Southwest, creates a delightful picture of two dragons playing with pearls. The Oriental Pearl TV Tower is 468 meters high with several observation decks. On clear days, Visitors can enjoy panoramic views of The Bund and Pudong New District, Chongming Island and the Yangtze River.

Midday

LUNCH

Dress: Smart Casual

Park Hyatt 100 Century Avenue

91-93 Floor, Park Hyatt Shanghai,

100 Century Avenue, Pudong

Tel:(86 21) 3855-1428/3855-1429



100 Century Avenue covers the top three floors, 91 through 93, of the Park Hyatt hotel and consists of a restaurant, two bars (one western, one Shanghainese) and a function room each covering a floor. It offers a variety of cuisine including Chinese, Japanese and Western food.

Shared Tables will be treated to a banquet enjoying local specialities along with traditional international dishes with a flavor of Australia including 300 day grain feed Beef Ribeye and Australian lamb with wines supplied courtesy of Treasury Wine Estates

3.00pm

ACTIVITY

Hancheng Market

580 West Nanjing Road

Also known as Taobao City, this three-story shopping haven offers a collection of many of the small shops from the old Xiangyang Lu Market, the stores in this complex sell faux branded clothing, luggage, bags and accessories. If you're a new shopper, make sure to haggle--a lot.



5.00pm

Return to Jing'An Shangri-La Hotel via bus transfer

5.30pm

Arrive Jing'An Shangri-La Hotel

6.30pm

Meet in hotel reception for transfer to River Boat Cruise

7.00pm

DINNER

Dress: Neat Casual

HUANGPU RIVER CRUISE

Embarkation place: No. 171 South Zhongshan Road

A Huangpu River Cruise is one of the best ways to see both old and new Shanghai. As you sail down the river towards the East Sea enjoy the views of the full sweep of The Bund and the 21st century cityscape of Pudong.



Sailing under the futuristic Yangpu Bridge contrasting with the more traditional river traffic of barges and ferries. Night cruises provide the most dramatic views of Shanghai, gazing from the boat, you can see the stately row of buildings at the Bund. This quintessential example of multi-national architecture gives off an aura of color, painting the night skyline. The splendid array of structures resembles misty ice palaces in a riot of colors-golden yellow, pure white and aquamarine blue. Constantly changing colors mesmerize its visitors and lure them to linger even longer. The scenic Huangpu River, the birthplace of Shanghai, invites you to enjoy its unique character and flavor.

8.30pm

Return to Jing'An Shangri-La Hotel via bus transfer

9.00pm

Arrive Jing'An Shangri-La Hotel

7.00am Breakfast at Jing'An Shangri-La at Café Liang

11.45am Meet hotel reception for bus transfer to Mr&Mrs Bund

Midday

LUNCH

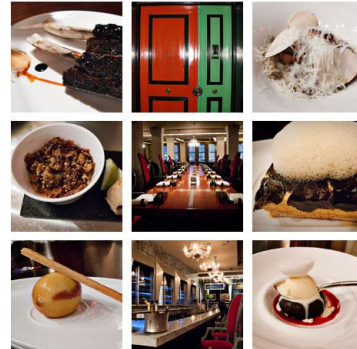
Dress: Smart Casual

Mr & Mrs Bund

Modern eatery by Paul Pairet

18 Zhongshan East 1st Rd,
Huangpu, Shanghai
Tel: 86 21 6323 9898

w: www.mmbund.com



Mr & Mrs Bund's Paul Pairet is one of Shanghai's few truly big name chefs. The Frenchman first became a sensation at Jade on 36 where he wowed diners with avant garde dishes astonishing in taste and artful in appearance. Now at Mr & Mrs Bund Pairet has introduced a huge new menu which, although lacking in his former experimental edginess, delivers big where it counts: Pairet moderns up French classics.

2.30pm Return to Jing'An Shangri-La Hotel via bus transfer

2.45pm Arrive Jing'An Shangri-La Hotel

7.30pm

FAREWELL DINNER

Dress: Jacket for men, smart for women

Jing'An Shangri-La Hotel's signature restaurant

The 1515 West Chophouse Grill and Bar

The 1515 West, Chophouse & Bar combines an Old Shanghai movie theme with classic American bar and grill décor. The generous portions of beef, from cattle reared in Australia for The 1515 West, will delight meat lovers.

The 1515 West Chophouse and Bar's own branded prime steak imported from Australia and are cut and weighted at the table by our butcher straight from the Aging room. Big American style salad and sides sharing styles dishes and finish with big style sweet dessert.



Tuesday 22 July

11.00am Depart hotel via bus transfer to Shanghai Pudong International Airport

2.30pm Depart Shanghai on Singapore Airlines SQ831

Wednesday 23 July

6.20am Arrive Melbourne International Airport

**Please note: This itinerary is subject to change without notice.*